


















CLUB FAMILY TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>Junior Fitness</p> <p>16:00pm Studio 1</p>	 <p>Junior Golf</p> <p>16:00pm Outside</p>	 <p>Junior Fitness</p> <p>16:30pm Studio 1</p>	 <p>Junior Zumba</p> <p>17:00pm Studio 2</p>		 <p>J Gym</p> <p>13:00pm Gym</p>	 <p>J Gym</p> <p>11:00am Gym</p>
 <p>J Circuits</p> <p>17:00pm Studio 2</p>	 <p>J Cycle</p> <p>16:45pm Studio 3</p>		 <p>J Golf</p> <p>17:00pm Outside</p>		 <p>J Gym</p> <p>15:00pm Gym</p>	 <p>J Gym</p> <p>13:00pm Gym</p>
 <p>Junior Acrobatics</p> <p>17:00pm Studio 1</p>					 <p>J Gym</p> <p>17:00pm Gym</p>	 <p>J Gym</p> <p>15:00pm Gym</p>
					 <p>J Gym</p> <p>11:00am Gym</p>	 <p>J Gym</p> <p>17:00pm Gym</p>
					 <p>J Gym</p> <p>13:00pm Gym</p>	

CLUB FAMILY TIMETABLE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



J Gym

15:00pm
Gym



J Gym

17:00pm
Gym

Valid from 08/07/2024 to 12/07/2024.